



40th Annual Pittsburgh Schizophrenia Conference

November 17, 2023

Thank *You* for Attending!

These slides and all materials that have been received
from our speakers are available at:

[https://www.ecs.pitt.edu/training/program-
conference-materials](https://www.ecs.pitt.edu/training/program-conference-materials)
until January 1, 2024



Thank You to our Co-Sponsor!

Community Care Behavioral Health



Thank You to our Presenters!

More information is available at:

<https://www.ecs.pitt.edu/training/program-conference-materials>

K.N. Roy Chengappa, MD

Professor of Psychiatry
University of Pittsburgh School of Medicine
Chief, Comprehensive Recovery Services
UPMC Western Psychiatric Hospital (Course Director)

Shaun M. Eack, PhD

Associate Dean for Research, Professor, School of Social Work and the Dept. of Psychiatry, University of Pittsburgh (2023 Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Award Winner)

Zachary Z Freyberg, MD, PhD

Associate Professor of Psychiatry and Cell Biology
University of Pittsburgh
Pittsburgh, PA

Robert Cotes, MD, DFAPA

Physician Expert, SMI Adviser
Associate Professor
Director, Clinical & Research Program for Psychosis at Grady Health System
Director, Project ARROW
Emory University School of Medicine
Department of Psychiatry and Behavioral Sciences

Elizabeth A Kistler, MD

Assistant Professor of Psychiatry
University of Pittsburgh
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Patrick Frailey, MD

Psychiatry Residency PGY4
UPMC Western Psychiatric Hospital

Mariel Piechowicz, MD

Psychiatry Residency PGY4
UPMC Western Psychiatric Hospital

Rohan Ganguli, MD

Professor of Psychiatry, University of Pittsburgh
Chair, Department of Psychiatry, UPMC Mercy Hospital
Adjunct Professor of Psychiatry & Public Health, University of Toronto

Flavio Chamis

Composer, Conductor, Educator, Music Consultant and Producer

Jessica M. Gannon, MD

Medical Director of WPH Ambulatory eRecord and CRS Ambulatory Clinics
CRS Director of Education and Training
Associate Professor, University of Pittsburgh School of Medicine
Attending Psychiatrist, WPH UPMC

Susan Hogarty, RN, MSN

Psychiatric Clinical Nurse Specialist
Research Program Administrator
ASCEND Program
UPMC Western Psychiatric Hospital
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Morning Agenda

8:30 to 8:45 am **ZOOM Sign-In**

8:45 to 9:00 am **Introduction and Background - *K.N. Roy Chengappa, MD***

9:00 to 10:00 am **Antipsychotic Drugs and their Effects on the Endocrine Functions of the Pancreas.
*Zachary Z Freyberg, MD, PhD***

10:00 to 10:15 am **Break – visit the Art Show**

10:15 to 11:15 am **Insulin, Glucose, and the Brain: What does this mean for persons with
Schizophrenia. - *Mahavir Agarwal, MBBS, MD, PhD***

11:15 to 11:30 pm **Rohan Ganguli – Lifetime Achievement Award - *K.N. Roy Chengappa, MD***

11:30 to 12:00 **Lorraine Williams scholarships announced -*Jessica Gannon, MD***

12:00 to 1:00 **Lunch – Visit the Art Show**



Afternoon Agenda

1:00 to 2:15 pm

Presentation of Hogarty Award

Review of Work – Matcheri Keshavan, MD

Presentation of Plaque– Susan Hogarty, RN, MSN

Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Lecture:

Advancing Psychosocial Treatment for Schizophrenia

Shaun M. Eack, PhD

2:15 to 3:15 pm

Your Guide to SMI Adviser - Building Community and Advancing Interdisciplinary Care

Robert Cotes, MD, DFAPA

3:15 to 3:30 pm

Break – visit the Art Show

3:30 to 4:15 pm

Panel - Developing Written Materials for Patients with Schizophrenia on the Effects of COVID-19 infection, Paxlovid Use and Clozapine Levels.

Elizabeth Kistler MD, Patrick Frailey MD, Mariel Piechowicz, MD

4:15 to 4:45 pm

Peer Musicians

Flavio Chamis, Music Director, and Composer

4:55 pm

Closing Remarks and Adjournment

K.N. Roy Chengappa, MD



Art Show

- Please go to <https://www.ecs.pitt.edu/training/program-conference-materials> to view items for sale at our annual Art Show.
- The slides are available to view throughout the day.
- Items can only be purchased during breaks and at lunch.



Studies

Please go to:

<https://www.ecs.pitt.edu/training/program-conference-materials> to view our current
WPH Research Studies



Continuing Education and Continuing Medical Education Credits

- You will receive an e-mail regarding the evaluation and securing your continuing education (CE) and continuing medical education (CME) credits *from Nancy Mundy by Monday, November 20, 2023.*
- If you are familiar with our process, you can begin your program evaluation before then. The evaluation will be available today at 4:45 PM.



Continuing Education and Continuing Medical Education Credits

- To start your evaluation, please log in at <https://cce.upmc.com/>, and click on Account, then “My Activities”, and then “Pending Activities”. If links do not work, simply copy and paste the info into your browser. You’ll be directed to “complete registration”. Click on that box and you’ll be taken to the evaluation page.
- Please complete your evaluation by *Dec. 18, 2023*.



Continuing Education and Continuing Medical Education Credits

Certificates for *psychologists (APA)*, *physicians (CME)*, *social workers*, *licensed professional counselors*, and *licensed marriage and family therapists (ASWB)* can be claimed once the evaluation is completed.



Continuing Education and Continuing Medical Education Credits

Certificates for *National Certified Counselors (NCC)*, and *General Continuing Education Units (CEU)* will be processed from our office and sent in four to six weeks after the event.



Questions?

- Please contact mundnl@upmc.edu for questions regarding continuing education credits if you don't receive your NCC and General CEU certificates by January 18, 2024.
- Please contact mundnl@upmc.edu for questions regarding your APA, CME, and LSW/LCSW/LPC/LMFT certificates if you are unable to secure your certificate after the evaluation.



Note

If you didn't register prior to the program beginning, you will not be able to complete the evaluation and claim your continuing education credits.



*Thank you for sharing your day
with us!*

